Vagabond Discovers A Modern



The group of pictures above shows H. J. Stuart, the modern Thoreau whom the Vagabond found living in Baldwin County near Fairhope, his "bee-hive" home and sun dial, made of concrete blocks manufactured

From The Besining Law News-Agr. Herald is a challenge to all feel they can qualify march 3, 1929 Contless by Wilford M. Howard

REAL SIMPLE LIFE PUT INTO PRACTICE

Mountain Scribbler Sums Up The Losses And The Gains Of Such Existence

BY MILFORD W. HOWARD

A modern Thoreau dwelling in Tolstoy Park, right here in Baldwin County, Alabama! Can you

We might expect something like this in the White Mountains of New Hampshire, the far away Rockies, the Alps in Switzerland, or just any old "far away" place, but never so "rour own doorstep.

I am all the while trying to lear the lesson for myself that we not have to trot all over the glot to find romance, beauty, thrills, adyenture and unusual people. Alabama is full of all these things if we can just get our perspective right, our

vision properly focused.

© One of these days I am going vaga-bonding on Lookout Mountain and see what I can discover, and report the result of my findings to my readers. I wonder how many persons who call themselves vagabonds, or who feel the spirit of the vagabond, would like to join me in this adventure?

The requirements are the spirit of true adventurer, and the equipment a pair of blankets, or a sleeping bag, a frying pan, a comb and tooth brush, a quart tin can for making coffee, and a few, very few, simple things

I am contemplating such an excur-sion in the early Spring, and this is a challenge to all vagabonds who feel they can qualify to join me.

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Thoreau Living In Baldwin County

If you are a true vagation of an adsire to go with me on such an adventure for a week, write me in care of The Birmingham News, stating your desires and qualifications, and if I think you are fitted for such an undertaking, I will enter you as an applicant, and write you personally.

It takes a rare spirit to qualify for vagabonding and this adventure is not to be entered upon lightly. You must have a philosophy of life which you are willing to share with others, but without any dogmatic purpose of enforcing it. You must be a seeker for the real things of life, the unfoldment of your higherself. You must also be a devotee of the simple life, and willing to pay the price, no matter how great, to attain unto self-mastery.

These are some of the fundamental qualifications for my vagabond excursion, and unless I can find kindred spirits I would rather go alone.

My only reason for inviting others is that they may share some of the joys I expect to find on this adventure. I can go alone, and not get lonesome. I have with me, and within me, the finest companions in the world. They do not bore me. They don't get on my nerves, and they do not disturb my meditation, but abide in the silence with me, and bring me peace and wisdom.

What a queer beginning for the vagabond sketch I had in mind to write when I began. I was going to write about H. J. Stuart, who has found a retreat in a pine forest five miles from Fairhope in Baldwin County.

He calls himself the modern Thoreau and I don't think he is over egotistical in doing so after visiting his "bee-hive" home and learning a few of the precepts of his simple life and homely philosophy.

Lady Vivian first made his acquaintance on the streets of Fairhope. He was bare-headed and barefooted, with patriarchal gray beard, and she reported to me that she had discovered a great mystic, perhaps a man of Armenia, or Arabia, or maybe the Himalayas.

Lady Vivian, herself highly imaginative and romantic, sees in such personages the colorful and unusual, so I, knowing this, took her enthusiasm with a grain of salt, and was not at all disillusioned when I found that our "mystic" was just a plain Englishman, whose life had been outwardly, at least, exceedingly prosaic. What the inward emotions, upheavals and reactions had been I could only surmise as I talked to him in his quaint surroundings and learned his philosophy of the simple life.

Stuart, the "modern Thoreau," was born in England and came with his parents to the United States while he was still in that stage of his development when he had no choice in the matter. The intervening years of his life until he journeyed to the pine forest near Fairhope about six years ago seemed commonplace and uneventful enough, as I questioned him trying to find out some big. startling, outstanding event that had uprooted him from the beaten path, from the humdrum, drab and colorless to become the man of the outof-doors who has gone bare-footed and bare-headed for several years, lived alone in a "bee-hive" house in a primeval forest off the beaten track, to which the world is making a trail over which increasing throngs are coming each year.

Such a man must have a worth while story for the busy, hurrying world, and I believe my readers will be glad to pause long enough to hear it.

The story is simple, so simple, in fact, that were I a real writer I would not be telling it. In the first place, I would never have discovered it, for I would have been looking for something "big" measured by the yardstick of dollars and cents.

When Elisha told Naaman to go and dip himself in the muddy waters of the Jordan in order that he might be healed of his loathsome leprosy, he was offended, because the prophet did not require of him some great or difficult thing. So it is I often think with writers who overlook the humble, self-sacrificing lives to write about those who have accumulated earth's filthy gold, or attained to so-called honors, that are as evanescent as the morning dew.

I think I must have a penchant for the simple things, a "nose" for finding out the life stories of those who are dumb and voiceless and have no prestige as press agents to herald their achievements to the world. Perhaps that is why I am now writing this sketch about a true vagabond, who has discovered the "philosopher's stone" and is wearing it next to his heart, calm and serene, at threescore and 10 as the world rushes madly by.

By a strange sort of coincidence this modern Thoreau was assistant engineer at the La Normandie Hotel in Washington, D. C., during the period of my term in Congress and read my iconoclastic, sensational book, "If Christ Came to Congress." So I needed no introduction to him, for the book was in line with his radical thinking, and no, doubt, he thought it a great piece of destructive literature.

I am always interested when I meet a man who thinks at all, and am ready to listen to him by the hour, although I may disagree with every view he holds, just so long as he doesn't try to convert me to his views. There are but a small percentage of people who think at all, who are capable of thinking, so that a real thinker is always interesting, and usually he is a broadminded philosopher who does not seek to proselyte. On the other hand, the people who simply think they think

who have absorbed the thoughts of others and have poorly digested them, are the fanatical propagandists who fondly believe they are the original discoverers of great truths destined to revolutionize the world, if—and that is such a little thing to ask—if, the world will accept their panaceas.

This is said just by-the-way, and is not an attempt to classify the modern Thoreau, but is a generalization that will cover many cases. In the present instance it pleases me to say that H. J. Stuart is no longer a propagandist, if he was ever one, but is now what Thoreau was, an exponent of the simple life, and a living example of what the simple life and a sane philosophy will do for a man physically, mentally and spiritually.

How he came to choose the "bee-hive" as an architectural model for his house in the forest, I do not know. Perhaps he has made a study of bee lore. If so, he has learned lessonsy about these useful servants and friends of man-that are as amazing as any of the inventions and discoveries of modern science. However, it happened it is fitting that he should dwell in such a hive of industry and activity.

The "hive" home is built of concrete blocks which he fashioned with his own hands, and after they had hardened he built the house a picture of which I hope to use in illustrating this sketch.

Through his garden run long terraces built up high with concrete blocks, the intervening spaces between the walls filled with soil. On these terraces he grows delicious strawberries and leafy vegetables on which he feasts in season.

I asked him why he built these terraces. Lady Vivian insisted that it was so he would not have to stuop to cultiviae his berries and vegetables, but he rather shattered that fancy when he told us he experimented with his concrete block making before beginning his "bee-hive" and, having a lot of blocks on hand, he constructed the walled terraces. Later he put in concrete tanks into which he can pump water from his well, the pump being operated by a windmill. From these tanks he has a system of pipes that he can use in irrigating the terraces during the dry season.

Once inside the "bee-hive" you begin to sense the activity of the "busybee," and recall the poem of your childhood about how the "busy little bee doth improve each shining hour." The first thing to attract the visitor's attention will, perhaps, be the loom on which this modern Thoreau weaves the most beautiful rugs I ever saw. He had about 50 on hand and when he displayed them for Lady Vivian's rapturous gaze she exhausted her vocabulary. The Vagabond would have bought at least a dozen but for his enronic financial state. There was one I could not resist, and it now adorns my cabin, and is a constant reminder of my visit to this remarkable man who has found what all the world is vainly seeking.

A small cooking stove and utensis were to be expected, but not a modern typewriter. Later I learned that the owner is an expert in its use, as is shown by a long, well written letter I have just received from him, written at 4 o'clock in the morning, long before the "bee is on the wing."

I saved the thing I was most interested in for the last A glance out of the corner of my eyes from time to time revealed rows and rows of books ranged around the concave walls of this queer bee-hive house, and I had been impatient for half an hour to begin browsing. Finally I could wait no longer, and while Lady vivian was still exe (mining "Beautiful," "gorgeous," glorious," "precious, "divine" and all the rest of her amazing wocabulary. I began to read the titles of his books.

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Nearby hung a fine picture of the noted anarchist, and when my "Thorean" told me he wove a rug for her cell while she was in the federal prison I pricked up my ears for the real story.

"I am an anarchist," he boldly declared, and he did not look around furtively as though he feared secret spies neering through his keyholes.

'How long have you been an anarchist?" I asked, "and what made you" one?"

From what he told me I infer that it was the reading of anarchistic literature, and particularly that of Erama Goldman. This, and the sympathetic nature of the man that rebels at "man's inhumanity to man." Perhaps some of us are just born that way—rebels, anarchists, non-conformist.

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All he has written, the poems he loves, the literature he cherishes, make of him a charming old rebel. The very life he leads is that of the rebel, and not the anarchist. He dwells in the heart of the forest, he consorts with the birds and other creatures of the woods, he grows his food from mother earth, he owns his land—10 acres, I believe.

Who ever heard of an anarchist owning land and living thus? The real anarchist is a product of the cities. He flourishes in the dark, ill-smelling places. The pure air and golden sunshine of Tolstoy Park would be abnoxious to him.

Here is one of the modern Pho-

THE STRANGER

A stranger passed along the street Upon his buoyant way,
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Where walls rose cold and gray.
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Seldom seen by land or sea,
With purest love his face was bright.

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Over and over again, no matter which way I turn

I always find in the book of life some lesson I have to learn.

I must take my turn at the mill, I must grind out the golden grain, I must work at my task with a resolute will, over and over again.

We cannot measure the need of even the tiniest flower,

Nor check the flow of the golden sands that run through a single

But the morning dew must fall, the sun and Summer rain

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Over and over again the brook through the meadow flows.
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derous mill-wheel goes.
Once doing will not suffice, though doing be not in vain.

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The path that has once been trod is never so rough to the feet. And the lesson we once have learned

Is never so hard to repeat.

Though sorrowful tears may fall, and the heart to its depths be riven

By the storm and tempest, we need them all to render us mete for heaven.

On his letter-head I find this quotation, from Heber Newton, D. D. "Anarchism is the ideal to which Christ looked forward. Christ founded no church, established no state, gave practically no laws, organized no government; but He did seek to write on the hearts of men God's laws and make, them self-legislating."

Here is a charming sketch of the simple life this modern Thoreau is leading. At my request he sent me this, and it is so characteristic of the man, as I get him, that I ampleased to introduce it, here:

"Two or three times lately I have gone barefooted to Montrose, and brought home a barrow of rock, and hereafter I expect to go in the same

manner many times.

"On the 9th I went barefooted to Rock Creek and took a dip in that clear, swift water. First plungs was followed by a thorough cleansing with soap, then three more plunges beneath the water before coming out. Delightful? Til tell the world it was. Again I felt like a boy of 60 years ago at the little brook in Ohio where we used to build a dam for the very purpose of enjoying life in its sim-

plicity far from town or city. "Here at Rock Creek is privacy, even greater than in my home, for the pool in the trail through thick woods is seldom traveled by other than myself as I go for our mail. One mark gin of the pool is formed by the intertwined roots of a tall pine and gum tree. Other is formed by thick matted vines green all the Winter long. A beautiful, tail holly is but a few feet distant and there is sweet bay and maple and oak and poplar close by, forming a delightful shade in the hottest days. Who would give this for anything the city can offer? Not I, I'm sure,

"Often I think of the pastry-fed dwellers of city and town—you who must have see cream and seda water. And you who must go to the movies and then take more of the very things that make you sick! How toolish—they Orley

Romething of my simple life m use of plain food. Almost invaried ton years I have had a breakfast fresh mush made of nearly equiparts of choice corn and whe ground in my own hand mill ea day as I need it. It is made in a morning as soon as breakfast is ov and steamed for two or three hou at least, then put away until the ne morning. Not more than a teaspo of corn oil is used in the fryings and it is just browned to a turn one side. Some very sweet tea poured over the mush and it is eat as soon as cool enough. The remain ing tea is sipped with bread or toa and completes my breakfast which is ample and costs less than three cents! On this I can work all de if necessary.

"Dinner usually consists of son vegetable — dasheens or sweet pots toes which I grow myself, Son bread or toast is eaten with a litt honey. Cost less than five cents. Surper for quite a while has been sweet ened clabber and bread Some graham brackers are eaten, too, an these are my nearest approach pastry. Cost of a frugal supper within five cents.

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is greatest gain I think is time meditation—this to get active with himself, to learn someties of his own soul, to hold cominion with his spirit. Will some please figure that out and tell me follars and cents just what it is

ne Master placed a very high te on the very thing I am now ting about and he placed its value and the ken of a mathematician.

What shall it profit a man if he the whole world and lose his

y modern Thoreau is finding his I and if this were all, who is it ing us would call him a foel? is a fine business, I think, for an past three score and 10 to be ened in I only wish I had taken in more seriously in my younger s, for I might have been much

Vell what has H. J. Stuart given I am going to answer this questiby quoting a letter from one of correspondents, a dweller in one our great American cities:

The book was very southing to

ther along the path now.

It got me back to earth and gave a better grip on the fundamentals nature, the soil, and the france and peace of the open. Yes, r philosophy of life is the ideal. e we are in the big cities, jostled shoved along-the din of everyig smashing against our nerves-00 pushing devils, seen and unn, forcing us along at a headtong urday night seem to come within self-same hour. And for what? privilege of getting and keeping debt, and lock-stepping with a titude of other monkeys just like My, what a life! Beauty all

and, not a second allowed us to

"It's a mighty challenge though, and a wonderful life, to the man of steel, and especially to us rugged workers in the Lord's vineyard, but the conflict is terrible. Am getting to believe that these certainly must be the last times in which the devil has been turned loose to do his worst—yet I see plainly that the moral forces, religion and the state itself, are only cowed and sold out and defeated before the onward march of the intense materialism of the age.

"Unquestionably we are living in a dangerous and awful time in this swirl of inventions and modern marvels turned upon the world in this

"Keep on sending me a whiff of clover, a breeze out of the woods, and the smell of the garden—it's intoxicating to me as catnip to my puss—and don't ever stop congratulating yourself that your day opens with tranquillity, and that twilight settles down upon you in the real King's Highway."

Perhaps the picture drawn by his correspondent may be a little highly colored, but some of our greatest thinkers see ahead of us the crash of our civilization because of its great, over-burden. It is not my purpose to discuss that question here. Whatever our fate, we are being irresistibly swept on toward it, and no man can stay the tide. Whateach man can do, however, is to "work out his own salvation" and become a servant of the light, and a torch-bearer for others who are seeking the way.

I think it refreshing to find one man in Alabama who has deliberately turned his back upon the gewgaws of commercialism to seek the things of the spirit. I am glad to record his experiences, but in doing so I am not advising anyone to follow his example. Nor do I think there is the slightest danger that there will be an overflow of modern Thoreaus among my readers.

We are too much enmeshed in materialism. It has become the major expression of our lives. We cannot exist without mills, factories, sky-scrapers, automobiles, motion pictures, and the ever-increasing necessities of modern life. We are not

going to give these things up even to find our souls.

So we must take time to find our souls in the midst of all our boasted PROGRESS. Time to listen to the still small voice.

John Wanamaker, the great merchant prince, used to take one hour from business each day, retire to his silence room, where no one dared disturb him, and spend the time in meditation. f am going back to my Greek philosophy this morning for my formula for living in this modern, industrial world. The heart of that philosophy is "Excess in nothing" which means conversely "Moderation in all things."

This thought elaborated and lived up to would solve all our problems of living. I have not the time or space to make the elaboration or application—each must do that for himself. I lay down the broad generalization that is just as true to

day as when the first illumed Greekseer uttered it.

I think my modern Thoreau has gone just a little too far in one direction. While he has done so, mil-Hons have rushed madly to the opposite extreme. Our daily press tells the tragic story of these extremists. Daily, hourly, they are dropping dead at their desks, on the streets, or in their sleep. The poor, tired, overburdened heart ceases to function, and life's fitful fever is over. The tragedy is that this usually happens just about the period in a man's life where by reason of his ripened experience he is prepared to do his best work.

With this philosophizing I leave the modern Thoreau aione in Tolstoy Park, weaving his rugs, reading his books, writing his letters, dreaming his dreams, and as I think of him now as I saw him standing as we left him at twilight I recall Whittier's poem "Maud Muller."

I think I must have felt something like the judge did as he rode down the lane and turned back to see Maud Muller standing in the midst of the hayfield, barefoot, leeking in his direction.

I love the closing lines. I have used them before now, but they are worth repeating:

"Ah, well for us all some sweet hope

Deeply buried from human eyes, But in the hereafter angels may Roll the stone from its grave away."